

St Germain Heart Meditation Decrees and Songs

20.03 BALANCE THE THREEFOLD FLAME IN ME!

In the name of the beloved Mighty Victorious Presence of God, I AM in me, and my very own beloved Holy Christ Self, I call to beloved Helios and Vesta and the Threefold Flame of Love, Wisdom and Power in the heart of the Great Central Sun, to beloved Morya El, beloved Lord Lanto, beloved Paul the Venetian, beloved Mighty Victory, beloved Goddess of Liberty and the Seven Mighty Elohim, beloved Guru Ma and Lanello, the entire Spirit of the Great White Brotherhood and the World Mother, elemental life—fire, air, water, and earth!

To balance, blaze, expand, and intensify the Threefold Flame within my heart until I AM manifesting all of thee and naught of the human remains.

Take complete dominion and control over my four lower bodies and raise me and all life by the Power of the Three-Times-Three into the glorious resurrection and ascension in the Light! In the name of the Father, the Mother, the Son, and the Holy Spirit, I decree:

Balance the Threefold Flame in me! (3x)

Beloved I AM!

Balance the Threefold Flame in me! (3x)

Take thy command!

Balance the Threefold Flame in me! (3x)

Magnify it each hour!

Balance the Threefold Flame in me! (3x)

Love, Wisdom and Power!

(Use blaze, expand and intensify)

And in full faith..

Song 587 ADORATION TO THE GREAT CENTRAL SUN

Great Central Sun, thou we adore
Enfold us in thy Presence here
Thou art the Light forevermore
O Alpha and Omega dear.

Shine on, shine on, O lovely Light
Make all our discord melt away
Filling our worlds with great delight
As peace and happiness hold sway.

O Helios and Vesta dear
Draw us to thee, O Light sublime
Transmuting all the shadows here
'Til all on earth becomes divine.

Now once again, Great Central Sun
We sing thy praises here below
Help us to feel we have become
That oneness we desire to know.

O radiant holy Threefold Flame
Expanded in our grateful hearts
Belov'd I AM is thy great name
In us fulfill all thou art.

All glory to the Light above
All glory to the Light below
All glory to the Three-in-One
All glory from all life now flows.

60.06 BEAMS OF ESSENTIAL LIGHT

Beloved mighty victorious Presence of God, I AM in me,
my very own beloved Holy Christ Self and Holy Christ Selves
of all mankind:

By and through the magnetic power of the immortal, vic-
torious threefold flame of love, wisdom, and power anchored
within my heart, I AM invoking the Flame of Resurrection from
the heart of God in the Great Central Sun, from beloved Helios
and Vesta, beloved Cyclopea, Great Silent Watcher, beloved
Peace and Aloha, beloved Ascended Lady Master Nada, beloved
Kuan Yin, beloved Lord the Maha Chohan, directors of the ele-
ments and forces of nature, beloved Jesus the Christ, beloved
Mother Mary, Archangel Uriel, Archangel Gabriel, and all who
serve Resurrection's Flame, beloved Guru Ma and Lanello, the
entire Spirit of the Great White Brotherhood and the World
Mother, elemental life—fire, air, water, and earth!

I lovingly accept your full-gathered momentum of the Res-
urrection Flame consciously expanded without limit through-
out the earth, infinitely, presently, and forever:

1. Blessed Flame of Resurrection,
Flame of white and rainbow substance,
Restore in me the fullness of my heavenly portion.

Refrain:

O Unifying Spirit of the Great White Brotherhood,
Opalescent mother-of-pearl,

Milk and honey of Resurrection's happiness,
Drink me while I AM drinking Thee.

2. Blessed Flame of Resurrection,
Splendor shining through me like a mist solidified,
Comfort me with the Christ Reality of thy blazing.
3. Blessed Flame of Resurrection's glory,
Beaming hope and splendid future joys appearing bright,
I AM filled with thy beams of essential Light.
4. Mother Mary, blessed Jesus dear,
Hold me in the whiteness of thy heavenly glory.
Let earth's shadows fade: O living Light of God appear!

And in full Faith...

Song 219 Because

Because you come to me with naught save Love
And hold my hand and lift mine eyes above
A wider world of hope and joy I see
Because you come to me

Because you speak to me in accents sweet
I find the roses waking 'round my feet
And I am led through tears and joy to thee
Because you speak to me

Because God made thee mine I'll cherish thee
Through light and darkness, through all time to be
And pray His love may make our love divine
Because God made thee mine.*

Song 5 Adoration to the I AM

I love thee o beloved I am
Thou flame within my heart
Thou art my breath, my very life
From thee I cannot part
Though I have wandered far away
In consciousness from thee
Sometimes forgetting my true source
Still thou remembered me

I feel thy great forgiveness now
That quality divine
All that I have has come from thee
My very life is thine
And as thy truth is now revealed
To all mankind again
That flame of love in every heart
Expands to free all men

O flame divine in every heart
Take thy dominion here
Transmute the shadows round mankind
The cause and core of fear
Make everyone to know dear Lord
Thy will for all is good
And all may rest within thine arms
Of tender Fatherhood

Mankind shall know thy will for all
Is every gift of good
And then expand the consciousness
Of loving gratitude
O flame of truth possess each heart
All shall thy power see
Thy plan divine shall be fulfilled
Through all, eternally

O MIGHTY THREEFOLD FLAME OF LIFE 0.06
by Zarathustra

O Mighty Threefold Flame of Life,
Thou gift of God so pure,
Take my thoughts and energy
And make them all secure.

Under bond of Brotherhood
And understanding fair,
Send thee forth unto my soul
The gift of holy prayer.

Communication's strands of love,
How they woo by heaven's law
A tender blessing for the good,
Releasing holy awe

That draws me near the throne of grace
To now behold thy sacred face
And without fear dispense aright
The passions of pure God-delight
Which set me free from all that's been
The sinful nature of all men.

Christ, raise me to self-mastery,
The living passion of the free.
Determination, now arise
And lift me ever to the skies!

I AM, I AM, I AM
Enfolding life and being all
With the God-command
"Amen!" that shatters human pall.

I AM, I AM, I AM

The free—no bondage holds me back;
I AM the fullness of Love's law
Supplying every lack,
And consecration in full measure
Is my will and God's own pleasure.

Saint Germain and Jesus dear,
Hold my hand with Morya's here
And let the love of Mary then
Be the wings to raise all men.

Until they all unite in Love
To serve that purpose from above
That comes to earth at any hour
Responding to the call of Power;
Send thy shining Wisdom then
That is God's love
Expanded for all men.

I thank thee and I accept this done right now with full
power.

I AM this done right now with full power.

This is the full manifestation of the Law of Love that raises me to my
eternal Victory, now and forever.

Decree 60.06 Beams of essential Light

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of all mankind:

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MEDITATION ON SELF 7.10B

by Kuthumi

I AM no blight of fantasy—
Clear-seeing vision of the Holy Spirit, Being!
Exalt my will, desireless Desire,
Fanning flame, inspired fire, glow!
I will be the wonder of Thyself,
To know as only budding rose presumes to be.
I see new hope in bright tomorrow here today—
No sorrow lingers, I AM free!
O glorious Destiny, thy Star appears,
The soul casts out all fears
And yearns to drink the nectar of new hope:
All firmness wakes within the soul —
I AM becoming one with Thee.

Song 220 LOVE THAT WILL NOT LET ME GO
O Love that will not let me go
To thee my very life I owe
O hold me in thine arms of light
May angels guard me through the night
In peace beyond all care.

And as the sunrise and the dawn
Come stealing o'er earth and beyond
Will see my spirit rise to be
With truth sealed for eternity
In purity from thee.

As love flows forth to bless mankind
And comfort eases heart and mind
To God my grateful praise shall be
For teaching me Christ-mastery
Hence freedom from all strife.

And now that I AM one with thee
Still let me serve to set Life free
Thy way divine to others show
To see this planet here below
As it was meant to be.

I AM LIGHT 7.10A
by Kuthumi

I AM Light, glowing Light,
Radiating Light, intensified Light.
God consumes my darkness,
Transmuting it into Light.
This day I AM a focus of the Central Sun.
Flowing through me is a crystal river,
A living fountain of Light
That can never be qualified
By human thought and feeling.
I AM an outpost of the Divine.
Such darkness as has used me is swallowed up
By the mighty river of Light which I AM.
I AM, I AM, I AM Light;
I live, I live, I live in Light.
I AM Light's fullest dimension;
I AM Light's purest intention.
I AM Light, Light, Light
Flooding the world everywhere I move,
Blessing, strengthening, and conveying
The purpose of the kingdom of heaven.

Song 216-A BALLAD FROM BELOVED PAUL THE VENETIAN

Be brave when all the world's in fear
I AM God Presence ever near
There is no failure in his plan
Of liberty for every man.

I AM eternal gratitude
For opportunities so good
The very Presence of the Light
Hangs in the air so sweet and bright.

As angel faces peep right through
From sunlight shaft of glory's hue
I see the ladder of the Lord
The law of Love now so adored.

Increase the attitude of right
That pens the law of sacred might
And holds me close to God's embrace
Exalting courage of his grace.

I move 'mid cycles of the years
As beauty's hand removes all tears
I see the shining realm of Light
From whence I came descending bright.

As God's own hope for victory
I sing the anthem of the free
"I go to do thy will, in thee"
By inspiration's mighty pow'r.

O every precious day I see
As welcome opportunity
To dwell in garden fair within
Where God does triumph over sin.

And find the Way that leads me Home
And keeps me seated on the throne
Of oneness with thy purpose rare
This is my heart's great daily pray'r:

O Father dear, I thank thee for
Thy beauty that is everywhere
But more than all I thank thee for
The beauty that is e'er within.