# **TRANSFORMATION RITUAL 23**

# A Prayer and Teaching of Humility



"Thou the All; I the nothing."

[The soul that] does amplify that fire, makes no pretense at being perfect but understands that I AM the All and that [I AM the] perfection in her–that the lesser vessel is the nothing while I AM the All.

I have given this teaching to Catherine and other saints. Those who have truly understood it have not felt debased when they acknowledged that they were the nothing and that I, the Christ in them, was the All. For they understood the process of displacement, the process of transmutation; and therefore [they] could come into the dignity and the integrity of the son, the daughter of God.

These are they who have received the washing of the feet and the cleansing of the blood. These are they who enter into that fusion by adoration, by love, by tears and by washing my feet with those tears and with the hair.

#### Leader:

Let us give "The Disciple's Prayer by Jesus the Christ" from Jesus' Christmas Day Address 1990...
Together...

There is no more night here!
For I AM the manifestation of that Holy City where I AM!
And I do not procrastinate my union with my God
Or with that City [Foursquare]
Or with my Christ or with my Divine Mother.
I enter the Spirit of the Resurrection now!
And if in my tardiness and in my dalliance
My entering in may cause me some pain,
Then I welcome it!
For I understand that if I would be ready,
Then the spirit that is anti the living Christ in me
Must be broken!

### Leader:

Jesus appeared to the 14<sup>th</sup>-century Italian mystic, Catherine of Siena [an embodiment of our beloved Guru Ma], as she was praying and said: "Do you know, daughter, who you are and who I am? If you knew these two things, you would be blessed. You are that which is not; I am He who is. If you have this knowledge in your soul, the enemy can never deceive you; you will escape all his snares; you will never consent to anything contrary to my commandments; and without difficulty you will acquire every grace, every truth, every light."

So, let us invoke this stunning revelation revealed to Catherine of Siena... Let us give it in all humility and honor to God, and to his Son, the Christ ... Together...

"Thou the All; I the nothing." (9x)

### Leader:

Each time you say, "I the nothing," see yourself being emptied and then emptied again and again of the desires of the lower self... And then, "immediately, as you accept "Thou the All," God enters in and there is the alchemy whereby you are grafted upon God; God is grafted upon you" until your entire vessel is a fitting habitation for your Higher Self...

"Who can oppose the God who stands where you stand?" [PoW v43 n51]

So, let say this again... Together...

"Thou the All; I the nothing." (9x)

#### Leader:

Thus, as you say unto Jesus, Thou the All and I the nothing!" his Christ Presence becomes the allness in you, and the mortal self-disintegrates and the True Self is manifest. It is a yin and yang action of Alpha and Omega... Together...

O Jesus, my Lord, thou the All of me: I the nothing. Take my nothingness, O my Lord, and let me be the allness of thyself. Be the Christ in me, my Lord, and I shall be worthy—worthy to be thy bride, as thou art the Lamb and thou art worthy before the throne of God.

### Leader:

Picture in your inner eye now, the vision of your Holy Christ Self... assess how much you are mirroring that Self and how you can mirror more by meditating on the elements of the Christ Self and Christ Flame that are wanting in the mirror of self... Together...

O my Holy Christ Self—\*thou the All and I the nothing\*(3x)—be thou myself as Holy Christ Flame burning on the altar of my heart for my Jesus, my Bridegroom, my Lord!

O Holy Christ Self, come into my temple! (3x)

Let me taste, then, the essence of Yourself, Lord. The sweetness that is indeed the taste of the living Christ Flame. That I may know it is the portion also of my Holy Christ Self.

I, yet not I, but Christ who lives in me. (3x)

O my sweet Jesus, let your Christ Presence become the allness in me, and my mortal self disintegrate and the True Self manifest. And in the humble and powerful all-transforming force, the Great Flame of Selflessness: May the lesser self be sealed and my Greater Self appear!

May it be so! Amen.

Let us close our ritual with the all-embracing prayer of his Eminence Cardinal Merry del Val. This prayer called the 'Litany of Humility' lays bare in a developmental, step-by-step fashion the embodiment of the totality of his conquest of self and of his entire spiritual life. It reveals the secret sanctuary wherein he found the Source of Peace.

Let us give this LITANY OF HUMILITY\* together...

O Jesus, meek and humble of heart, Hear me.

From the desire of being esteemed, Deliver me, O Jesus.

From the desire of being loved, Deliver me, O Jesus.

From the desire of being extolled, *Deliver me, O Jesus.* 

From the desire of being honored, *Deliver me, O Jesus*.

From the desire of being praised, Deliver me, O Jesus.

From the desire of being preferred to others, *Deliver me, O Jesus*.

From the desire of being consulted, Deliver me, O Jesus.

From the desire of being approved, Deliver me, O Jesus.

From the fear of being humiliated, *Deliver me, O Jesus*.

From the fear of being despised, *Deliver me, O Jesus*.

From the fear of suffering rebukes, Deliver me, O Jesus.

From the fear of being calumniated, *Deliver me, O Jesus*.

From the fear of being forgotten, *Deliver me, O Jesus.* 

From the fear of being ridiculed, *Deliver me, O Jesus*.

From the fear of being wronged, *Deliver me, O Jesus.* 

From the fear of being suspected, Deliver me, O Jesus.

That others may be loved more than I, Jesus, grant me the grace to desire it. That others might be esteemed more than I,

Jesus, grant me the grace to desire it.

That in the opinion of the world,
others may increase and I may decrease,
Jesus, grant me the grace to desire it.

That others may be chosen and I set aside,
Jesus, grant me the grace to desire it.

That others may be praised and I go unnoticed,
Jesus, grant me the grace to desire it.

That others may be preferred to me in everything,
Jesus, grant me the grace to desire it.

That others may become holier than I,
provided that I may become as holy as I should,
Jesus, grant me the grace to desire it.

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I demand this physically manifest! I expect this physically manifest! I am this physically \*manifest\* (3x)

In all our ascended JESUS CHRIST victory, light and freedom attained right now and forever!

O Mighty I AM! Mighty I AM! Mighty I AM!

<sup>\*</sup> from A Prayerbook of Favorite Litanies, comp. Father Albert J. Hebert, S.M. (Rockford, Ill.: Tan Books and Publishers, 1985), pp. 308-9.