### SPIRITUAL AWARENESS FELLOWSHIP

### **Practical Spirituality**

#### Lesson 1 – I AM Presence

Your Higher Self is a		or
energy, of the highest frequenc	÷y.	
Your I AM Presence is		and
is also referred to as your		
Jesus said: "Behold, the	is	within you."
All things that exist are compos	ed of two polarities:	and
or	and	Your
unique identity is composed	of the	and
	of God's consciousness of	Himself.
The positive polarity (	) remains in the spiritual r	eams and the
polarity (th	e Soul as	)
extends further and descends i	nto the	·
The positive and negative po	plarities give birth to the	,
, is the	between the Father and So	ul.
The Threefold Flame is a	of the High	er Self and is
anchored in the	evolving in m	natter.
The Threefold Flame of	,, and	
is literally the	within the physical temple	e

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is tr	ne only begotten So	n of God, individual	ized in each of his
offspring.			
Our true identity and		ee aspects of	
There is a conti	nual flow of energ	y in a	pattern
between the		and the embodi	ed Soul
	, and the	e	,
or Christ Self, is t	the nexus of that flow	N.	
	•	neaven" is the accru	
		and	to life.
The	of	around the I AN	/ Presence reflect
various colors the	e represent different	:	
Blue			
Green			
Purple			
Violet			
Pink			
Yellow			
White -			

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while functioning in the	e physical realm, we are composed of
, or _	
Three spiritual bodies:	
I AM Presence	
Causal Body	
<u> </u>	
Christ Self	
Four material bodies:	
Memory (etheric) body	<i>'</i>
Mental body	
Emotional body	
Physical body	