



Practical Spirituality

Lesson 3 – Chakras

Chakra is the Sanskrit word for _____.

There are _____ major chakras and _____ total chakras corresponding to the physical body.

The seven major chakras correspond to the _____.

The _____ fire is known as the fire of the Base of the Spine Chakra.

The _____ of the _____ chakra is _____ and has four petals and it corresponds to the _____ ray of _____, _____, _____, self-discipline, integration, _____, _____ and nurturing. This chakra is also known as the _____ chakra and is the secret of _____ and _____ of the saints of both East and West.

The _____ chakra is where your _____ or _____ senses reside. This chakra has _____ petals and when in balance radiates the _____ of the _____.

The solar-plexus chakra is also called the _____ and is the center of _____ and _____. When this chakra is calm, you have the power of _____.



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The solar-plexus chakra has _____ petals and vibrates _____ and _____, corresponding to the _____ of _____ and service.

The _____ is your most important chakra. It is the doorway to connecting with your _____.

Light descends from your _____ through the _____ into your heart chakra and is distributed to the _____ as well as to the _____ minor chakras of the _____.

The heart chakra has _____ petals and the color associated with this chakra is _____, the _____ of _____. This chakra is also the place of the _____ of love, wisdom and power.

The throat chakra is your _____ and has _____ petals that correspond to the pyramid with _____ on each side.

The petals or frequencies represent the _____ of _____.

The throat chakra corresponds to the _____ which is the expression of _____, _____, _____, protection, _____, _____, courage and _____.



SPIRITUAL AWARENESS FELLOWSHIP

A transmutation process begins when you _____ the _____ of _____ and follow it with _____ or declarations.

The third eye chakra is _____ in color, has _____ petals, and allows you to _____ between _____ and _____.

The third eye chakra is associated with the _____ ray, and the expression of _____, _____, holding the highest vision for oneself and others, _____, wholeness, abundance, _____, constancy, _____, _____ and science.

The crown chakra is located at the _____ of the _____, a _____ and consists of _____ petals. It is associated with the expression of _____, _____, _____, understanding, _____, _____, and _____.

The crown chakra is also referred to as the _____ lotus and the flowering of this chakra is the _____ of _____ in the dimensions of time and space. It is _____ through the _____ of his Son.



SPIRITUAL AWARENESS FELLOWSHIP

_____ in the crown creates a _____ that draws the _____ of the _____ up from the _____ of the _____.

The _____ of your heart seals your _____, the divine _____ that makes your heart a replica of the heart of God.

The threefold flame of love, wisdom and power is your soul's connection to the _____ of _____ and is your potential to become the _____ of your _____.

The three plumes of the Threefold Flame correspond to:

Blue

Yellow

Pink
