# SACRED RITUAL

### KNOCKING ON THE DOOR OF THE BUDDHA PHYSICIANS



### The Transformational Mandala of the Five Tathagatas

The Five Dhyani Buddhas are celestial Buddhas visualized during meditation... and are considered to be great healers of the mind and soul. These Buddhas are guides to spiritual transformation, holding the keys to your mastery of the five secret rays.

Buddhists often depict these Tathagatas in a mandala, which is a sacred, consecrated space where no obstacles, impurities or distracting influences exist; thereby aiding the meditator in meditation and visualization. A Dhyani Buddha is positioned in the center as well as on each of the cardinal points of the mandala—east, west, north and south. These directions in the mandala are not indications of three-dimensional space but of movement within the inner-space of meditational experience.

Ι

### **VAJRASATTVA**

Leader:

*Let us pray:* 

O Vajrasattva and the Five Dhyani Buddhas, we implore you to help us overcome the five poisons that endanger our spiritual ascent. I command the poisons to flee, together with their demons and entities, together with their false hierarchies, and command them to flee not only my body temple of Light but this entire planetary home!

Purify us, I beseech you, of the poisons of ignorance, all anger and hatred; all spiritual, intellectual and human pride; all cravings--covetousness, greed and lust; all envy and jealousy; all non-Will and non-Being, all fear, doubt and non-belief in God, the Great Guru. I call to the five Dhyani Buddhas for that specific gift of wisdom that is the antidote to these poisons. Come to us and fill us with your light to transmute these deadly poisons into the wisdoms of the Buddhas.

#### Leader:

See before you now a brilliant white Buddha, shining like a dazzling snow mountain illuminaed by the rays of a hundred thousand suns. He is seated on a throne that is formed by a large, white, thousand-petaled lotus and a moon disc. He is smiling his smile of great compassion, and he is looking at you with tender love.

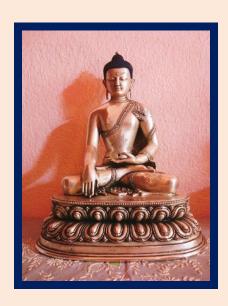


It is the beautiful Buddha Vajrasattva, Spokesman for the Five Dhyani Buddhas.

You bow in reverence ... And as you raise your head, he says, today the purpose is to help you—through the power of MANTRA, MUDRA and MEDITATION—to awaken to the potential of your own Buddha nature. The Five Wisdom Buddhas will be your guides to spiritual transformation.

Thereupon the Blessed One begins rotating the space about him with his finger thus forming, like a whirling-dervish, the spherical outline of a majestic-maṇḍala. It is a tool for spiritual growth and mystical experience. he says—a map to enlightenment alive with divine possibilities. It is stunning to behold... Within this miraculous creation the distinct shapes of the Five Dhyanī Buddhas steadily began to take shape...

You see the east gate of the mandala opening before you ... and like 'Alice in Wonderland', you step through the picture plane, into higher octaves... And instantly, you are face-to-face with a transcendent being, the Imovable Buddha, the Tathagata AKSHOBHYA, the Unshakable One. And as you do, you mirror his gesture of steadfastness, the Bhumisparsa or earth touching Mudra...



You are in awe... His aura scintillates with intense blue fire. Bow before him and offer to him now the poison of anger. Turn over to Akshobhya all hatred and all anger – anger against others, anger against God, anger against yourself. Offer him this prayer...

### Om Akshobhya Hum! Flood us with Mirrorlike Wisdom. By thy sacred fire consume in me the poison of all anger and hate and hate creation!

### Leader:

See the fiery blue flames of Akshobhya's aura leap to instantly consume the anger and hatred. And now receive from Akshobhya his Mirrorlike Wisdom that reflects all things calmly and uncritically and reveals their true nature. Hold this visualization and his mudra as we give Akshobyha's mantra... Together...

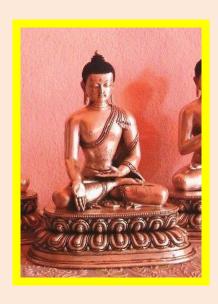
**OM AKSHOBHYA HUM** (5x) [chant....]

**Let the WISDOM of the LORD Akshobhya Buddha be with me!** (3x)

I decree it be so! Vajra! It is done!



Now you move to the next cardinal point, the South Gate of the mandala, and come face with the Buddha of Precious Jewels, the Tathagata RATNASAMBHAVA, the Jewel-born One. Brilliant yellow flames enfold his being and beckon you closer. And as you do, you mimic his gesture of openness, the Varada Mudra...



Bow before Ratnasambhava and surrender to him now the poison of pride. Turn over to Ratnasambhava all spiritual, intellectual and human pride, for it is not part of your real nature. Offer Ratnasambhava this prayer:

# Om Ratnasambhava Tram! Flood us with thy Wisdom of Equality. By thy sacred fire consume in me the poison of spiritual, intellectual and human pride!

### Leader:

See the yellow flames instantly dissolve the pride you have surrendered to the Buddha. And receive now Ratnasambhava's Wisdom of Equality that sees all things with divine impartiality and recognizes the divine equality of all beings. Hold this visualization and mudra as we recite together his mantra, Om Ratnasambhava Tram! Let us chant this together slowly... Together...

**OM RATNASAMBHAVA TRAM** (5x) [chant....]

Let the WISDOM of the LORD Ratnasambhava Buddha be with me! (3x)



Now you move along the mandala to the west gate. And come face-to-face with Buddha AMITABHA, the Buddha of Infinite Light. And as you do, you assume his gesture of meditative contemplation, the Dhyana Mudra...



Deep ruby and roseate flames dance in his aura. Bow before him and offer him the poison of the passions. Turn over to Amitabha all cravings, covetousness, greed and lust as you say to him:

# Om Amitabha Hrih! Flood us with Discriminating Wisdom. By thy sacred fire consume in me the poison of craving, covetousness, greed and lust!

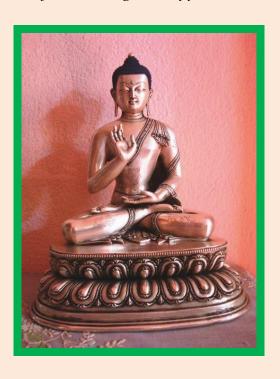
See the ruby flames swallow up and dissolve these poisons – the craving, the covetousness, the greed, the lust. And receive now from Amitabha his Discriminating Wisdom that discerns all beings separately yet knows each being as an individual expression of the One. Hold this vision and mudra as we give together Amitabha's mantra... Together...

OM AMITABHA HRIH (5x) [chant....]

Let the WISDOM of the LORD Amitabha Buddha be with me! (3x)



Now we move 90 degrees around again, to the final cardinal point, the north gate. You come to face with the Tathagata AMOGHASIDDHI, the Almighty Conqueror, the Buddha of Unfailing Accomplishment... And as you do, you echo his gesture of fearlessness, the Abhaya Mudra...



His form is shimmering with brilliant emerald-green flames. He comes to take from us the poison of envy and jealousy. Bow before Amoghasiddhi now and offer to him all envy and jealousy as you recite this prayer:

Om Amoghasiddhi Ah! Flood us with the Wisdom of Perfected Action. By thy sacred fire consume in me the poison of envy and jealousy!

### Leader:

See the green flames that surround Amoghasiddhi leap to consume the envy and jealousy. And receive now from Amoghasiddhi his Wisdom of Perfected Action – the wisdom that confers perseverance, infallible judgment and unerring action. Hold this visualization and mudra as we give together his mantra... Together...

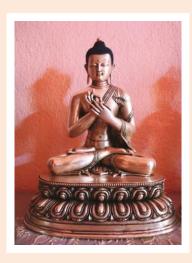
OM AMOGHASIDDHI AH (5x) [chant....]

Let the WISDOM of the LORD Amoghasiddha Buddha be with me! (3x)



And as Amoghasidhi vanishes, you are drawn to the interior of the mandala, to its central point, the place of cosmic unity. You enter Samadhi, as you meditate in this still, silent, dimensionless point, undisturbed by the outer chaos, you are in the heart of reality.

And over your head, appears a brilliant radiating light.... It is the Supreme and Eternal Buddha, VAIROCHANA, the White Tathagata of the Fiery Center of Being. You mimic his gesture of teaching, the turning of the Wheel of the Law, the Dharmachakra Mudra—representing the figure eight flow of Spirit and matter.



Offer to him now all ignorance and delusion that you entertain that has clouded your integration with God. Offer Vairochana this prayer:

Om Vairochana Om! Flood us with the All-Pervading Wisdom of the Dharmakaya, the Mighty I AM Presence. By thy sacred fire consume in me the poison of ignorance!

Leader:

See your ignorance and delusion consumed instantly on contact with the fiery white light of his aura. And now receive from Vairochana his Wisdom of the Dharmakaya – the transcendent wisdom that reveals the realm of highest reality. Hold this visualization and mudra as we chant his mantra slowly... Together...

**OM VAIROCHANA OM** (5x) [chant....]

Let the WISDOM of the LORD Vairochana Buddha be with me! (3x)



Now all five Dhyani Buddhas appear in a circle around you, and Vajrasatta over your head. See them radiating to you their compassion, their wisdoms, their kindness, their power—all in the form of rainbow shafts of light that dissolve into your being.

Slowly and wonderfully, Vajrasattva descends into your body. See his light body merge into yours, consuming the remaining poisons. Welcome his Wisdom of the Diamond Will of God as we give his bija...

**VAJRA!** (12x)

### III

### Prayer of Gratitude to the Buddhas

Now offer a prayer of gratitude to Vajrasattva and the Dhyani Buddhas, sending your blessings to all life – all sentient beings.

O beloved Vajrasattva, we thank you for the purification of our beings by your shining rays of light. We send our gratitude to you and pray that all sentient beings swiftly achieve the enlightenment of Vajrasattva and the Buddhas.

As we go about our day-to-day affairs, may we embody the wisdoms of the Dhyani Buddhas, may we remember our oneness with Vajrasattva and may we retain the awareness that in divine reality, all beings are Buddhas, all sounds are mantras and all thoughts are wisdom. We are all shining beings of light, living in the splendid Buddha worlds of infinite space.

We are suspended in a world of beauty and simplicity—one with all life. Our minds have become luminous through Vajrasattva's wisdom of the Diamond Will of God. And we are at peace within and without.

Vajra! It is done!

