

# Ashram Rituals



El Morya



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RITUALS  
OF WHOLENESS

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# Ashram Rituals

BY THE ASCENDED MASTER

*El Morya*

FOR MEMBERS OF THE MASTER'S WORLDWIDE ASHRAM  
TO BE USED IN CONJUNCTION WITH

*Ashram  
Notes*

DICTATED TO  
HIS AMANUENSIS

*Mark L. Prophet*

1952 – 1958

EDITED AND COMPILED BY

*Elizabeth Clare Prophet*

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## The Call from Hierarchy

A call is sent forth from the highest watchtower on Terra to the watchmen on the wall of the LORD.

It is a call to all brotherhoods and sisterhoods that conform to the original esoteric and moral standards of Christ but that for want of the pristine teachings of God have not applied the founding principles of Christianity in their orders.

You have a mighty work to do and you are needed as links in the chain of Hierarchy. But you cannot work a work in this day while your souls lie dormant in your ignorance of our Lord's true message.

Therefore we proclaim to you that the Lord has empowered us to reactivate the founding flame of all spiritual orders as well as the ending dispensations of human institutions.

We invite all world servers to join us in bringing to new birth the greatest spiritual awareness and revival of the Lord's ministry preceding the New Age of Aquarius.

We resolve, therefore, to support the true devotees of Light and Truth who will rally to new heights of God's consciousness to the end that all children of God may rapidly mature to their rightful place on the path of discipleship unto Christ.

Let it be so, that keystones might be placed in the arches of the temple invisible who will assist the Cosmic Christ in bringing in God's kingdom on earth and the Hierarchy in fulfilling their mission of Love.

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A Word  
about  
THE ASHRAM

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by Mark L. Prophet

Just as the moments of life woven into the fleeting garment of time contain mundane impulses, so there are divine pulsations that sustain all worlds, whether visible or invisible.

Man can attune with these divine pulsations here and now to alter the quality of the garment of time that he weaves. In this manner he will insure his admission to the Ashram and through the portals of its fellowship enter the company of those immortal masters of the ages whose victory over self and circumstance raised them to the ascended state in the heavenly kingdom.

Your attunement with the higher octaves today can be even more effective because the Ascended Masters are devoting themselves in an extraordinary service to life. This service enables all who work hand in hand with them to victoriously outpicture the pattern eternal, a pattern that God intends for every man and woman on earth. For this reason and to this end was the Ashram founded.

In every era, only the few have attained to divine mastery through the Christ consciousness and

earned “inscribement” by angelic pen on the scroll of the immortal Brotherhood. Today these all-wise and loving beings are giving of their own hard-won freedom and momentum of mastery to assist the unawakened and unascended of God’s children who, though caught in the web of their dense creation, are willing to put forth the effort to be free.

The cries of world pain and distress have reached the ears of angelic watchers sent by the Creator to silently observe and report to cosmic councils the affairs of a world caught in the net of atomic matter and error-generated conflict. In accordance with divine law, these masterful beings see to it that the calls from earth are answered in God’s own way.

The Ashram of Morya El is one answer to the call of unascended lifestreams who desire to reduce world suffering and serve the cause of world awakening. It carries a message full of hope to brothers small and great on earth. It opens a door that no man can shut and establishes a shining pathway for souls to reach up beyond the seemingly silent veil into the realm of pure Love. Here the care of the one Father is manifest for all of his children, who were created to inherit the blessings of his kingdom.

Beyond the confines of race and the conflict of creed, the Ashram parts the veil so that the soul may commune with divinely ordained master teachers who will show her how freedom in the highest and most complete sense of the word can be the lot of everyone.

Devotees of the Light around the world have banded together in the Ashram to unite in service to help their brethren overcome obstacles such as time, space, caste or their life’s calling that may prevent

them from knowing one another and serving together. By the strength of their spiritual union, the Ashram devotees desire to be the Brotherhood's link to those earnest souls on earth who must yet find the way to the abode of the Masters.

By uniting the energies of the students and chelas (disciples) with those of the Masters of Wisdom, the Ashram will establish focal points for transmitting the higher impulses of the Masters' blessings into the thinking and feeling worlds of mankind and Nature, thus changing the path of thorns to one of beauty.

The ascended and unascended beings who sponsor this harmonizing activity at inner levels yearn to see all people's lives lit by the torch of freedom, which bears heaven's comfort to earth. They seek to establish a worldwide communion of embodied devotees and Ascended Masters that may ultimately result in many souls reuniting with God through the ritual of the ascension.

The sponsoring Master of the Ashram, the Ascended Master Morya El, will endeavor to gradually unfold in the mind and heart of each student the tested and proven methods of meditation and the tremendous power of invocation to God when correctly used. Through each student's God Presence the Master will assist in bringing to him—and through him to the world—the benefits and glory of Light's radiation from the heavenly gates now ajar.

As the students of the Ashram engage in such activities as the Master shall direct, they will note gentle changes that bring peace into their personal lives as well as into the lives of all who are touched



by their reaching out. Our calls for Light will not go unheeded. They will enable the Light-evolutions of our earth to finally send forth the beautiful beams of pure Light and Love as God intended them to do.

The Ashram is not a mere social outlet for the ego to strut about and exploit its fellowmen; on the contrary, it exists to open opportunities for real and transcendent service to the Brotherhood for the aspiring soul who is not content to drift with the tides of life without moorings.

No personality is glorified at the human level in the Ashram program, which seeks only to exemplify the Ascended Master way of life and to magnify the Lord Christ in our members. We ask neither fees nor dues and encourage you to choose in God freedom whatever religion or mystical path you will walk in, so long as you walk in the Light of your God Presence.

But we do ask you to learn the meaning of trustworthiness and the motto of the Brotherhood: To Know, to Dare, to Do and to Be Silent. For, concerning the mysteries of the kingdom, Jesus said to his disciples, "Give not that which is holy unto the dogs, neither cast ye your pearls before swine, lest they trample them under their feet, and turn again and rend you."

Our methods are simple and they are dedicated to a sublime purpose: the expansion of your soul-light and service to humanity. Let the Light from your God Presence be your guide and let time bring forth its proof.

You can accomplish the expansion of your soul-light through the application of the teaching contained in our Ashram Notes, which are letters from

our founder, El Morya, and other Ascended Masters of the Great White Brotherhood. You may choose to keep these in a notebook for further study. As your understanding grows, their value to you will grow also.

You can render your world service by participating in meditation periods that are observed simultaneously by our members. Dictated by El Morya and sponsored from on high, these rituals will increase the Good radiating through you to our sweet earth.

It is to this opportunity that we who serve in the Ashram call you. We invite you to take part in rendering a service to life that will free by love countless millions of our brothers and sisters who endlessly tread the wheel of karma. So often these “know not what they do,” but live blindly, without hope, as if cast into a pit of despair.

If you join in these rituals, you will tune in with singleness of purpose to the great radiations of the Ascended Masters and those of your brothers and sisters on every continent.

In the Ashram, we work to rebuild our lives according to the pattern directed to us from our own individualized God Presence and Holy Christ Self. We inwardly pledge to work for a divine renaissance on earth. And we daily rebuild the inner temple according to the pattern we individually receive from God in our meditations on the mount of illumination.

Thus we pray that with our lives and efforts it will be possible to create once again a “new heaven and a new earth.” We look to set an example and to guide souls of Light into the permanent golden age, when the Ascended Masters restore their earthly ashrams and once again move freely in the physical

octave to bless the embodied children of God with their visible presence.

May the new era come quickly and rest upon our blessed earth and her people forever. And may our humble offering increase the rainbow rays of our Causal Bodies to a magnitude that will assist many to return Home together to the heart of the Father.

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Faithfully practice the rituals, knowing that your calls will help to relieve pressures having to do with planetary conditions that are borne by the Ascended Masters and the unascended initiates who study with us.

When you, too, take on as part of your Ashram work some small percentage of the weight of world karma, you will see the fruit of your effort manifesting all around you. Moreover, your world service will help to balance some of your personal karma, freeing you to do the will of God, as your heart desires. And thereby you may reap in this day the bounties of God's perfection that you have called forth.

When I train new students, my object is to teach them how to weave strands of Light-substance from their individual worlds to ours. Thus we attempt to bridge the chasm of consciousness—that great gulf between the finite and the infinite, across which no human mind can pass of its own effort.

Through attunement with us in your daily use of the rituals, you will find the strands of Light-substance becoming more substantial until, like diamond cables of indestructibility, our linkages become a safe highway over which your soul may freely travel at will.

El Morya

Greetings, Dear One—

As you are God's child, it is my privilege to welcome you to the Ashram. Dedicated to God, the Ashram is built in his cosmic consciousness; and it is our aim, even as it is your aim, to dwell always in the Ashramic consciousness. May our minds dwell eternally in the Light of his wisdom and presence. . . .

Our principal reason for founding this Ashram is for the linking of hearts worldwide in a ritual of scheduled group meditations. Even though we are separated by time and space, we shall all meet in a union of consciousness, laboring and traveling together to give birth to our Ashram for God.

Sublime is the work entrusted to us by the Infinite One. Sanctified through the chain of Hierarchy, it is comparable to the charge given to the knights of the Holy Grail and the Knights Templar. . . .

Our advices and blessings shall come to you outwardly in this format [of the *Ashram Notes*]. Inwardly God knoweth and thou knowest. And he who is within you shall give you peace, power and love as you engage your spirits in our group meditations.

We offer "The Unison Ritual" at our bimonthly meditation meetings that take place at our respective locations the first and third Sundays of each month at 9:30 p.m. MST.

We offer daily at sunrise and sunset the "Great Central Sun Ritual," which you may choose to observe at sunrise or sunset your time or at any time you feel moved to give adoration to the Sun.

We participate daily at 9:00 a.m. or 9:00 p.m. MST in the "Ritual for Attunement with God's Holy

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Will.” The rituals for these three meditations are attached.

If adjusting the times of your bimonthly and daily meditations to ours is inconvenient, please feel free to schedule them at the time that is best for you and your group.

Whatever time you are able to come together, be assured that your heart’s offering will greatly benefit the planetary evolution. It is best if you can synchronize with us; but if this is not possible, be sure to keep your bimonthly meditations at the same hour so as to establish a regular, rhythmic offering to the cosmos.

From the clouds of God . . .

May there now pour out upon your soul and consciousness a celestial flood of harmony.

May there pour out upon you peace.

May there pour out upon you contact with Hierarchy.

May you be a channel who, with other willing servers, serves many hearts, even the little child that shall lead them.

May you be a channel who can with joy give a cup of cold water in Christ’s name.

And through your service and love may all humanity be blessed.

We of the Ashram salute you, O child of the Divine!

Eternal blessings,

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The Unison Ritual

(First and Third Sundays 9:30 p.m. MST)

I

I AM Thy Holy Love!

I AM Thy Secret Love Star!

Before Thy Holy Love and before Thy Secret Love Star, O Father of Lights—with whom there is no variableness, neither shadow of turning—I bow.

Show me thy pure river of water of Life, clear as crystal, proceeding out of the throne of God and of the Lamb. Let thy Life, Light and Consciousness flow through my crystal cord as the crystal pure river that proceeds from the throne of thy Blessed I AM Presence and Holy Christ Self with me.

O Thou Lamb of God, take me to thy heart, receive my soul as thy bride. Thou who art worthy, open the seven seals of my Book of Life.

Blessing and honour and glory and power be unto him that sitteth upon the throne and unto the Lamb for ever and ever!

Open my seven chakras, that I might transmit thy Light for the building of the antahkarana\* between all Light-bearers of this world and cosmos.

\**antahkarana* [Sanskrit, “internal sense organ”]: the web of life; the net of light spanning Spirit and Matter connecting and sensitizing the whole of creation within itself and to the heart of God.

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Reveal to me the wonder of the Woman clothed with the Sun and her Divine Manchild!

Reveal to me my Divine Father and my Divine Mother, Alpha and Omega!

Thy will be done on earth as it is in heaven!

O dearest LORD God of all who have descended from the Word, which was with Brahman in the Beginning, make me one with Thee in the Ending of cycles in this Matter Cosmos even as I was one with Thee in the Beginning of cycles.

Radiate through me thy Love, my Love: to all who stand before the throne of God and before the Lamb, clothed with white robes and palms in their hands; to the entire Spirit of the Great White Brotherhood, of which I AM a part; and to the angels and the Twenty-four Elders and the Four Beasts—the Lion, the Calf, the Man and the Flying Eagle—who worship God before his throne.

By this, “The Unison Ritual,” make all members of the Ashram one, as Above, so below, as we recite together saying,

Amen: Blessing and glory and wisdom and thanksgiving and honour and power and might be unto our God forever and ever! OM

O dearest LORD God, allow us also to come out of the great tribulation of personal and planetary karma; and allow us also to wash our robes in the sacred fire and the violet flame and to make them white in the blood of the Lamb.

And when our soul’s journey is through, dearest LORD, allow us to be with the saints and hierarchies serving God day and night in his temple in the Great Central Sun. And may our Father of Lights, Lord

Sanat Kumara, who has saved our souls through the Son of God Jesus Christ, dwell among us and we with him forevermore.

Beloved Mighty I AM Presence, radiate through us thy Love, our Love, to all of thy children who are lost in the shadows. Quicken their heart flames through thy Holy Love and thy Secret Love Star, whose Light is released now through our chakras, that they may come alive again and be made Sons of God through the Sacred Heart of Jesus Christ and the Immaculate Heart of the Blessed Virgin Mary.

O LORD my God

I AM Thy Holy Love!

I AM Thy Secret Love Star!

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## II

Instruction:

Engage in a period of meditation, centering your attention in your heart. Visualize the Sacred Heart of Jesus superimposed over your own, alternating this thoughtform with that of the Immaculate Heart of Mother Mary and the Diamond Heart of El Morya. In addition, see yourself and the members of El Morya's Ashram, as well as all Light-bearers of this world and cosmos, enfolded in their Holy Christ Self. Then visualize and send a strong ray of Light from your heart to theirs. See and feel this powerful beacon, its needlelike rays connecting you with all hearts of Light, establishing the antahkarana you have called forth through the Sacred Heart of Jesus, the Immaculate Heart of Mother Mary and the Diamond Heart of El Morya.



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Day and night keep the picture in your mind of a cosmic antahkarana connecting the unascended with the ascended Light-bearers, all of whom together, as Above, so below, compose the entire Spirit of the Great White Brotherhood.

Call to your Mighty I AM Presence that the Light invoked through all affirmations, mantrams, prayers and decrees be sealed in a reservoir of Love to be directed by the Cosmic Christ wherever it is needed to heal, strengthen and unite the Light-bearers. Then give the following invocation while visualizing the Master Jesus Christ overshadowed by the Cosmic Christ:

O Radiant One, Thou Saviour, Thou Cosmic Christ—supreme in Divine Pity, supreme in Divine Compassion, supreme before the kingdom of Archangels and angels and the powers of Elohim—make of us one Mystical Body of the Cosmic Christ, we who aspire to be one in the Ashramic consciousness, one in a crystal chalice of thy Divine Will. Turn our wills to Thee as we recite in unison the “Prayer of Saint Francis.”

### Prayer of Saint Francis

Lord,

Make me an instrument of thy peace.  
Where there is hatred let me sow love;  
Where there is injury, pardon;  
Where there is doubt, faith;  
Where there is despair, hope;  
Where there is darkness, light; and  
Where there is sadness, joy.

O Divine Master,  
Grant that I may not so much  
Seek to be consoled as to console;  
To be understood as to understand;  
To be loved as to love.  
For it is in giving that we receive,  
It is in pardoning that we are pardoned, and  
It is in dying that we are born to eternal Life.

May the seamless garment of the Holy Christ  
Self enfold us, each one, and all of the children of  
the Father-Mother God, raising us in peace profound  
to the cross of Light.

I AM standing in the vortex of a radiating aura of  
thanksgiving to Life. I AM sending forth gratitude to  
my God, who is Life, for living and for giving me a por-  
tion of his God Flame sealed in the heart of my Being.

Through the ever-widening circles of this aura of  
thanksgiving, I AM reaching everyone in El Morya's  
worldwide Ashram who is offering this invocation in  
unison as we radiate Light to one another, heart to  
heart, God Flame to God Flame, worlds without end.

And I AM ascending evermore to Thee, like  
sweet incense, with the members of the Ashram and  
the ascended host, O Thou the All Good!

I AM radiating Light! Light! Light! in the Spirit  
of the Cosmic Christ! I AM sending forth Divine  
Love, Wisdom and Power to all servants of God!

I AM invoking my beloved friends the Seven  
Archangels and the hosts of Light to raise up co-workers

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in our Ashram for God and to protect and strengthen us in his service. Cut us free! Cut us free! Cut us free!

I AM merging now the Light from my very own God Presence and Holy Christ Self with the ministering angels of the sacred fire of God and with all who hold sacred the “communion of the saints” within the precincts of our Ashram.

I AM merging now my mind and heart and spirit with the Cosmic Christ and the divine Masters, Jesus Christ, Mother Mary, Saint Germain and El Morya. And especially do I now submit and subordinate my soul to the blessed Holy Will of my eternal Father-Mother God.

As the instrument of the Holy One of God, I AM directing Life, Light, Truth and Love, wise-dominion, strength, energy and health everywhere it is needed, to each part of Life that is devoted to the Triune God.

I AM concentrating all the Power, Wisdom and Love of my God-free being in the secret chamber of my heart and I AM sending forth at this moment in eternity (in a concerted action with my brothers and sisters on earth and in heaven) the Light of the Trinity from my God Presence and Holy Christ Self to all chelas of the Will of God, worlds without end.

Let the full Power, Wisdom and Love of the Trinity *sweep! sweep! sweep!* and *sweep!* through the earth to release to all life that is God in manifestation the pattern of God’s beautiful Love and Perfection from the Central Sun-Source of creation.

Beloved God Presence, I call to you now to awaken all hearts of children of the Light everywhere to this beautiful Love and Perfection that the Father-Mother God have sealed in their original seed of Life

for the full flowering of their souls unto thy glory and their reunion with Thee.

Awaken in them the memory of their Divine Parents, of their spiritual nature in Christ and of their soul's descent from their Home of Light. Awaken them to thy Call and to the path of personal Christhood that leads to Thee, O Father-Mother of Lights, through the resurrection and the ascension in the Light.

Beloved God Presence, send twelve legions of angels to cut free all souls of Light lost in the shadows who have forgotten the gift of the beautiful Love and Perfection of the Divine Image sealed in their hearts; and bring them to the feet of Christ and the victory over Death and Hell.

Beloved Father-Mother of Lights, I call to you now to enfold all of your children in the seamless garment of the Masterful Christ Presence and to raise them all in *peace, peace, peace* to the beautiful Love and Perfection of the kingdom of Light. Let that kingdom come into manifestation within them through the Light of God that never, never fails to *manifest, manifest, manifest* everywhere I AM!

### III

I AM Thy Holy Love!

I AM Thy Secret Love Star!

Alpha and Omega, O Thou the Beginning and the Ending of Cosmos, Thou who in thy beautiful Love and Perfection called forth our twin flames from the fiery ovoid to share in thy Oneness:

Speak thy Divine Will's vibration through our twin flames. Intone it by thy Sacred Word. Transmit it to our Diamond Heart for the re-creation of our worlds in thy Divine Image, our Father-Mother of Lights!

For I AM, we are, thy voice; I AM, we are, thy living temple; I AM, we are, thy heartbeat. Our lives, our souls, our minds, our hearts and our twin flames are one in Thee.

Create, sustain and amplify in our twin flames and in all of thy children a conscious yearning for the coming of thy beautiful Love and Perfection here below, as Above.

Mantrams:

I AM thy Presence  
expressing the fiat of eternal Life:

**I AM alive forevermore!\***

**I AM everywhere in the Consciousness of God!\***

O Dawn of Everlasting Joy:

**I AM my God-victorious ascension in the Light!\***

**I AM Thy Holy Love!\***

**I AM Thy Secret Love Star!\***

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\*Give this mantram 9 times or in multiples of 27 up to 108.

In the name Jesus Christ  
I affirm with my Saviour  
in the heart of the Lord  
which is, and which was, and which is to come  
The Almighty:

**I AM Alpha and Omega,  
the Beginning and the Ending!\***



O Helios and Vesta, Divine Parents  
in the Sun of our solar system, I AM thine!

One in the stream of thy Consciousness  
eternally flowing throughout cosmos,  
I AM thy Light shining in the Darkness  
I AM thy Light-Commanding Presence, commanding:  
Light, shine! Light, shine! Light, shine!

I AM thy Power-Wisdom-Love  
sustaining every heart and heartbeat  
I AM thy Love-Commanding Presence commanding:  
Love, rule! Love, rule! Love, rule!

I AM thy Life-Commanding Presence commanding:  
O All Life, Ascend!

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\*Give this mantram 9 times or in multiples of 27 up to 108.

## IV

## Communion Prayer

Our beloved Lord Jesus, as Thou hast said, “Take, eat: this is my body, which is broken for you. . . . This cup is the new testament in my blood: this do in remembrance of me,” so come break the Bread of Life with us and pour thy sweet Communion cup. In commemoration of the oneness of the Mystical Body of God in heaven and on earth, we celebrate thy victory over Death and Hell and thy resurrection unto eternal Life.

(All hold thumb and first two fingers of the left hand to the heart and raise the right hand, palm extended toward the bread and the wine, while reading the following paragraphs.)

Centered in the flame of thanksgiving, All One, we share thy Blood and thy Body, the Alpha and the Omega of our Father-Mother God. Come, O Lord, as we are gathered in thy name. Bless now this bread, this wine. Let it carry the full measure of your Christ essence for the renewing of our spiritual natures in this divine alchemy of transubstantiation.

Make us holy, for thou art holy.

Holiness unto the LORD!

Make us worthy, for thou art worthy.

Worthiness unto the LORD!

And let us drink of this fruit of thy Vine new with Thee in the kingdom, even as we partake of it now with beings unascended and beings ascended, Masters, saints, angels and Archangels—glorious beings all one in the Life, Light, Truth and Love of the Divine Mother.

(Conductor raises the altar chalice. All say:)

○ Soul of Mine, Ascend!

(Return chalice to its place and partake of Holy Communion.)

By the full Power of the Three-times-Three, in the name of the Father, the Son and the Holy Spirit, it is done.

I AM the Goodness, Peace and Joy of Almighty God manifesting everywhere in the hearts of Christ's communicants worlds without end! Amen.

Prayer to the Father-Mother of Lights

I AM Thy Holy Love!  
I AM Thy Secret Love Star!  
I AM Alpha and Omega  
the Beginning and the Ending!

○ Beloved Father-Mother of Lights  
In these latter days  
speak again to thy children  
Let thy voice be heard in us and through us  
as we offer ourselves to be living temples  
of thy Spirit

I AM Thy Holy Love!  
I AM Thy Secret Love Star!  
Make our hearts and minds and lives  
One in Thee

Grant to all Light-bearers thy peace and freedom  
that thy Spirit may prosper in us



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Create in us a new heart  
 Reestablish thy heart tie with our own  
 Renew in us a right spirit

Cast us not away from thy Presence  
 but cast away the synthetic self  
 from our True Self and Thine

Take not thy Holy Spirit from us  
 but fill us with thy Spirit  
 Come, O God, enlighten us!

Be with us in the Ending  
 as Thou wast with us in the Beginning  
 O Alpha and Omega, our Father-Mother God.  
 AMEN

### Benediction

I AM Thy Holy Love!  
 I AM Thy Secret Love Star!  
 watching between each member of the Ashram  
 as we remain unseparated,  
 though seemingly apart in time and space,  
 one in the ocean of thy violet fire,  
 one in the heart of Freedom's love,  
 Saint Germain and Portia,  
 and God-centered in the shining dewdrop  
 of our own individuality forever:  
 O Mighty I AM Presence, Thou art One!

PEACE    PEACE    PEACE

OMMMMMMMMMMMMMMMMMMMMM

### General Instructions for Your Altar Set-up:

For your altar you may use a table or dresser covered with an appropriate cloth, preferably white linen. Hang the Chart of Your Divine Self centered above the altar with the Charles Sindelar portraits of Saint Germain and Jesus Christ to the right and left. Place a plain or crystal cup or bowl suitable as a chalice, with a candle on either side, at the center of your altar.

You may choose to have on your altar pictures or statues of Jesus, Mother Mary, Saint Joseph and Archangel Michael as well as of your favorite Ascended Masters or saints, such as Thérèse of Lisieux; one or more vases of fresh or artificial flowers or a flowering plant; a receptacle for burning frankincense; a Bible; and pieces of natural quartz crystal and amethyst crystal. A globe of the world is required, preferably an illuminated globe, to assist in your visualizations. This should be placed on a separate stand.

### General Instructions for Conducting Your Rituals:

Conduct your rituals before your altar in a room set aside for your meditations—your sanctum. Burn frankincense to consecrate your sanctum before you begin. When all is in readiness, light two altar candles and stand before your altar in reverence before God, hands cupped to receive the Light rays from on high, even as you open your heart in love to establish the contact with your Father-Mother God. Call to the Ascended Master El Morya, our beloved sponsor, to place his presence in the sanctum throughout your service. During “The Unison Ritual” an instrumental rendition of the “Ave Maria” by Schubert may be played softly as background meditation music while you recite the ritual in the power of the Holy Spirit and your soul’s utter devotion.

All the rituals are to be given aloud, whether in group or solitary meditation periods. Throughout the rituals you will find mantrams printed in bold type, which can be memorized and used apart from the rituals. Always give the mantrams 9 times or, optionally, in multiples of 27 up to 108.

At the appropriate place in “The Unison Ritual,” you may partake of Holy Communion alone or with your group. Provide individual cups of grape juice and wafers or small pieces of bread. Have them ready on a table at the side of the altar, covered with a white cloth.

Great Central Sun Ritual

O Cosmic Christ, Thou Light of the World!  
(Sunrise and Sunset)

I

O Cosmic Christ, Thou Light of the World!

In the Beginning Was the Word  
And the Word Was with God  
And the Word Was God

O Cosmic Christ, Thou Light of the World!  
Thou Art Life

And Thy Life Is the Light of My Being

Therefore I AM the True Witness of Thy Light  
For Thou Art the True Light  
Which Lighteth Every Manifestation  
of the Father-Mother God That Cometh into the World

Thou Art the Word Who Was Made Flesh  
and Dwelt among Us Full of Grace and Truth  
in the Son Jesus Christ

I AM Beholding the Glory of my Lord and Saviour  
Jesus Christ

the Glory as of the Only Begotten of the Father  
Who Is Also with Me

in My Beloved Holy Christ Self

---

N.B.: While giving this ritual, turn toward the rising or the setting sun, taking care not to look directly into it.

## II

O Mighty Presence of God, I AM, in and behind the Sun:  
I Welcome Thy Light, Which Floods All the Earth  
    into My Life, into My Mind  
    into My Spirit, into My Soul.  
Radiate and Blaze Forth Thy Light!  
Break the Bonds of Darkness and Superstition!  
Charge Me with the Great Clearness  
    of Thy White Fire Radiance!  
I AM Thy Child, and Each Day  
I Shall Become More of Thy Manifestation!

## III

I AM THAT I AM

**I AM the Light of the World!\***

O Thou Cosmic Christ  
Thou the Empowerment of My Sonship through  
    Jesus Christ  
I AM Born Again!  
(Not of Blood, nor of the Will of the Flesh  
    nor of the Will of Man)  
but I AM Born of God

For my Lord hath said to me:  
    “I AM the Resurrection and the Life:  
He That Believeth in Me, though He Were Dead,  
    yet Shall He Live:  
and Whosoever Liveth and Believeth in Me  
    Shall Never Die.  
    Believest Thou This?”  
And I Have Said to Him:  
    “Yea, Lord: I Believe That Thou Art the Christ,  
the Son of God, Which Should Come into the World.””

\*Give this mantram 9 times or in multiples of 27 up to 108.

---

Make All Light-bearers of This World and Cosmos One  
in the Spirit of the Great White Brotherhood!  
We Are One in Thy Mystical Body of the Cosmic Christ.

As Long as I AM in the World  
I AM the Light of the World!

OM OM OM

#### IV

**Helios and Vesta!  
Helios and Vesta!  
Helios and Vesta!**

**Let the Light Flow into My Being!  
Let the Light Expand in the Center of My Heart!  
Let the Light Expand in the Center of the Earth  
And Let the Earth Be Transformed into  
the New Day!\***

In the Name and in the Footsteps of Jesus Christ:  
I AM a Son of God  
I AM Come a Light unto the World  
That Whosoever Believeth on the Cosmic Christ  
Should Not Abide in Darkness  
but Should Have the Light of Life

Mantram:

**JESUS CHRIST  
the Same Yesterday and Today and Forever!\***

We Are the Light of the World  
Our Ashram, That Is Set on the Hill of the Lord Morya El,  
Cannot Be Hid!

---

\*Give this mantram 9 times or in multiples of 27 up to 108.

Sacred Ritual for Attunement with God's Holy Will  
(Daily at 9:00 a.m. or 9:00 p.m. MST)

I

Our Father, Thy Will Be Done in Us  
Teach Us to Love and Accept Thy Will Today  
as in Thy Purest Consciousness We Pray  
to Be Evermore Like Thee

Heavenly Father-Mother God:  
I AM Attuning My Entire Consciousness,  
Being and World to Thy Will!  
I AM Thy Will Manifesting Today  
on Earth as It Is in Heaven!

I AM Born of the Will of God!

Whosoever Shall Do the Will of God  
the Same Is My Brother and My Sister and Mother

I AM Led by the Spirit of God!  
I AM a Son of God!

O Blessed Holy Spirit  
Intercede for Me and the Saints,  
That We Should Know What to Pray for;  
Intercede for Me and the Saints  
According to the Will of God

---

I AM Affirming and Accepting in the Holy Spirit  
 That All Things Work Together for Good  
 to Them That Love God,  
 to Them Who Are the Called  
 According to His Purpose  
 And I AM Grateful!

## II

Mantram:

**If God Be for Us, Who Can Be Against Us?\***

I Present My Body a Living Sacrifice,  
 Holy, Acceptable unto God,  
 Which Is My Reasonable Service

I Will Not Be Conformed to This World!  
 I Will Be Transformed by the Renewing of My Mind,  
 That I May Prove What Is That Good  
 and Acceptable and Perfect Will of God

I AM the Servant of Christ  
 Doing the Will of God from the Heart

I Stand Perfect and Complete in All the Will of God

O My Lord Jesus Christ, I Call for Patience,  
 That after I Have Done the Will of God  
 I Might Receive the Promise  
 of the Coming of My Lord—  
 My Holy Christ Self

I Shall No Longer Live  
 the Rest of My Time in the Flesh  
 to the Lusts of Men  
 But I Shall Live to the Will of God

---

\*Give this mantram 9 times or in multiples of 27 up to 108.

I Love Not the World  
Neither the Things That Are in the World  
For the World Passeth Away, and the Lust Thereof:  
But He That Doeth the Will of God Abideth Forever  
By the Love of God, I Shall Live Forever!

### III

Instruction:

Compose your own personal prayer to the Lord God, asking for his Will to be made known to you. Ask for answers to specific questions concerning your plans and projects. Call for the dissolution of all blocks within your psyche to your submission to the Will of God. Ask that all members of the Ashram worldwide and all sons and daughters of the Most High may receive not only attunement with the Holy Will of God but also the deep desire to love and obey it.

Direct your consciousness to the spiritual eye (third eye) at the center of the brow and visualize the white light of the Presence enfolding you completely. See your prayers being answered as the Presence directs powerful, radiant beams of Light through you and all who form the circle of the Ashram—and through them to all servants of the living Christ everywhere.

Keep your attention focused on the beautiful Love and Perfection that God has placed in the Creation as you observe the sacredness of this ritual in deep meditation in the Christ Presence and in attunement with Christ's Love. Make an effort to be alone at the appointed hour or with others who desire to consecrate their lifestreams to the Will of God. If this is not possible, recite the prayers, affirmations and mantrams in mind and heart, silently communing with God and the circle of the Ashram. Fulfill the visualizations and always seal them by Christ-Love directed from your heart.

### IV

When you have completed your meditation, visualize a powerful beam of Light going forth from your third eye and your heart chakra to manifest God's Will in specific personal and world situations, as you recite the following mantrams.



Mantrams:

**I AM Awake!\***

**O World, Awake!  
Your Dusty Selves Now Shake  
Purify and Rectify,  
New Ways of Thought to Make!\***

**Lo! I AM Come to Do Thy Will, O God!\***

**Not My Will, Not My Will,  
Not My Will but Thine Be Done!\***

**The Will of God Is Good!\***

\*

\*        \*

\*

**Sweet Surrender to Our Holy Vow  
(Optional)**

Meditation upon the God Flame:

**Our will to Thee we sweetly surrender now,  
Our will to God Flame we ever bow,  
Our will passing into Thine  
We sweetly vow.**

---

\*Give this mantram 9 times or in multiples of 27 up to 108.

Affirmation of the God Flame merging with the heart flame:

No pain in eternal surrender,  
Thy Will, O God, be done.  
From our hearts the veil now sunder,  
Make our wills now one.

Beauty in Thy purpose,  
Joy within Thy name,  
Life's surrendered purpose  
Breathes Thy holy Flame.

Grace within Thee flowing  
Into mortal knowing,  
On our souls bestowing  
Is immortal sowing.

Thy Will be done, O God,  
Within us every one.  
Thy Will be done, O God—  
It is a living sun.

Bestow Thy mantle on us,  
Thy garment living flame.  
Reveal creative essence,  
Come Thou once again.

Thy Will is ever holy,  
Thy Will is ever fair.  
This is my very purpose,  
This is my living prayer:

Come, come, come, O Will of God,  
With dominion souls endow.  
Come, come, come, O Will of God,  
Restore abundant living now.

---

The periods of meditation are bearing fruit. A more Christlike character emerges in the participants, displacing the weaknesses of the outer personality. Becoming more Christlike as we fulfill the ritual of our meditations means standing in and for the Ashramic consciousness.

We shall embody a fuller Light than they of earth dream of. . . .

Exercise the mantrams we give you herewith to achieve catharsis in preparation for a higher union with the holy rays. See the action of your words taking place before your eyes. Practice harmonization of the outer self with the Inner Self.

Make ready the soul for fusion with God.

Produce within your seven chakras the white light from the LORD's rainbow. Fill all your house with this white light. This is the preparatory ray whereby you shall be tested in the Masters' service and your lifestreams eventually used in the redemption of humanity. . . .

Give the enclosed "Ritual for Soul Purification" before retiring or whenever guided from God. . . .

The auspicious hour for the giving of the enclosed "Sacred Ritual for Transport and Holy Work" is just before you retire, when the bridge to the infinite is being lowered, the mundane events of the day are dimmed, and the soul prepares herself to unite with God's omnipresence.

This ritual is intended to assist you in performing a holy and a mighty work for humanity during the hours of repose, after you temporarily fold the body-tent so that you may more consciously reside in the house of the Infinite One.

May these hours of bodily rest be hours of freedom for your soul's activity in the octaves of Light, when she is free from the prison house of physical and mental form and the confines of the ego; and withal may you help struggling kindred souls in their efforts to escape the cyclic, rebounding effects of negative karma.

As you travel out of the body, may your shield be the I AM THAT I AM, the Omnipotent One, who is continually radiating the Divine Will that is the heartbeat of the universe.

Under the protection of Archangel Michael and his legions, may you perform the Divine Will everywhere on this planet and do what your lesser ego in body-prison could never do: assist in bringing the message of the Universal Christ consciousness to souls from all walks of life—"all nations and kindreds and people and tongues." And through your loving ministrations every eye *shall* behold him.

It is within our field of endeavor in this Ashram to minister as Christed\* ones to the souls of earth. For even Christ during the three days of his entombment did preach without the body† to souls not yet liberated from the astral prison forged by their Atlantean karma.

You, too, during these days of your entombment in matter, may freely arise in Christ consciousness; you may put on the white robes of your righteousness and thus use your God-given etheric body as a vehicle to express the vibrations of the coming age and race before their time. . . .

With deepest blessing I entrust this "Sacred Ritual for Transport and Holy Work" to your keeping.

\*The word *Christ* is derived from the Greek *Christos*, meaning "anointed"; thus the Christed ones are the "anointed ones."

†out of the body. Apart from his physical body the spirit of our Lord did descend to the astral plane; as it is stated in the Apostle's Creed, "He descended into hell."

Sacred Ritual for Soul Purification  
(Before Retiring)

I

Infinite Light!

Infinite Light!

Shine now in the cave of being,  
Fill me completely with Light!

Infinite Light!

Let shadows stand out, loom largely,  
And fade quickly at the blasts of Light from Thee!

Infinite Light!

I AM one with God and Light,  
All Darkness flees before thy holy Light!

Infinite Light!

Flee, lust! Flee, greed! Flee, jealousy! Flee, hatred!  
Flee, selfishness! Flee, laziness! Flee, unkindness!  
Flee, *all* hurts! Flee, *all* wounds!

Flee, every thought that is less than Light!  
Flee, every feeling that is less than Light!  
Flee, every motive that is less than Light!  
Flee, every word and deed that is less than Light!

## II

C o m e !

O Christlike purity, Come!  
Flow into me and from me.  
Love, selflessness,  
Godly ambition and kindness to all,  
Come!

## I Will Be Christlike!

In the name of the Father  
I will be Christlike!  
In the name of the Son  
I will be Christlike!  
In the name of the Holy Spirit  
I will be Christlike!  
In the name of the Mother of the World  
I will be Christlike!

Fill me, O Christ, Thou Light of the world!  
Fill me, O Christ, Thou Light of the world!  
Fill me, O Christ, Thou Light of the world!

## III

My soul doth magnify the Lord!\*

And my spirit hath rejoiced in God my Saviour!\*

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\*Give this mantram 9 times or in multiples of 27 up to 108.

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IV  
(Optional Section)

Prayer for My Soul's Awakening

Look through my soul, O Christ divine  
Now let thy fire my world refine  
Look through my heart, O "I AM" of me  
From wrong desires now set me free.

Refrain:

Lovingly now I wait for Thee  
Gladly, O God, thy will to see  
Lift me to Thee, illumine me  
Spirit divine.

Look through my eyes, O Light of Truth  
Teach me thy law, eternal youth  
Place in my hands thy wonderful key  
That shall unlock the door for me.

Speak and my ears shall hear thy voice  
Angelic choirs with me rejoice  
Guide now my feet, no more let me roam  
From that one Path that leads all Home.

## The Twenty-Third Psalm A Psalm of David

The LORD is my Shepherd:  
I shall not want.

He maketh me to lie down in green pastures: he leadeth me beside the still waters.

He restoreth my soul: he leadeth me in the paths of righteousness for his name's sake.

Yea, though I walk through the valley of the shadow of death, I will fear no evil: for thou art with me; thy rod and thy staff they comfort me.

Thou preparest a table before me in the presence of mine enemies: thou anointest my head with oil; my cup runneth over.

Surely goodness and mercy shall follow me all the days of my life: and I will dwell in the house of the LORD for ever.

## O Loving Heart

O loving Heart,  
From whose bounty flows  
Our stream of blessings . . .  
Life and Love are thee and thine caressing  
Each tender soul with thine own flame.

O loving Heart,  
Help each one to see  
The Source whence comes our all—  
O loving Heart,  
Teach thy wandering child to know  
The meaning of thy care  
Through each moment of thy time—

Till, at one with thee, we shall see  
Thy care for all is ever free.  
And burnished with a gleam of fire  
Within thy loving heart,  
May our cup like thine forever be:  
O loving Heart!



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5

Sacred Ritual for Transport and Holy Work  
(Before Retiring)

I

Mantrams for the Stilling of the Four Lower Bodies

“Blessed are the peacemakers:  
for they shall be called the children of God”

“Peace I leave with you  
My Peace I give unto you”  
Jesus

Angels of Peace  
Elohim of Peace  
Seal my four lower bodies  
Remove all barriers  
impeding my soul’s full and radiant reflection  
of my Mighty I AM Presence and Holy Christ Self  
to the glory of God

In the Peace-Commanding Presence  
of the Cosmic Christ!  
In the name Jesus Christ  
I command my four lower bodies:

Mantrams:

**Peace Be Still!\***

**Be Still and Know That I AM God\*—**

I Will Be Exalted in the Heavens!

I Will Be Exalted in the Earth!

The LORD God of Hosts is with us

He is our refuge and strength

A very present help in trouble

Thou Ancient of Days, my Lord Sanat Kumara, Great Guru of Light, Life, Love and Holy Wisdom, Thou who art our sponsor for the rescue of all children of the Light and Light-bearers, worlds without end: I bow before the God Flame within thee in gratitude for thy Presence in the universe and I thank thee and thy legions of angels who protect and defend us in Armageddon.

Be with me this night as I go forth to do thy assigned Holy Work. Transport my soul safely from my abode to my destination(s) and back again. In the service of the King of kings and Lord of lords, I remain faithful to my vows to thee in the Beginning and the Ending of my sojourn in this Matter universe. Amen.

## II

### Prayer for Forgiveness

Mindful of the admonition “Let not the sun go down upon your wrath,” I would set my house in order before I begin my “Sacred Ritual for Transport and Holy Work.”

O Christ and Krishna, with joy I forgive all who have harmed me. With joy I forgive all who should ever cast a shadow to harm me past, present or future.

\*Give this mantam 9 times or in multiples of 27 up to 108.

In the I AM THAT I AM, I rise above all harm and I affirm that Christ in me is the Harmless One and I declare that Divine Love is supreme and to be desired above all desiring.

Multiply in my soul undying love for God, Life, Light, Truth and Love, and for the Creation by Elohim. Teach me to make right the wrong, to undo the miscreations I have created in ignorance of or in willful disobedience to thy Great Law. Withdraw thy sacred energies from my miscreations by the Great Central Sun Magnet. Demagnetize and transmute these energies and reconsecrate them to thy perfect creations, which I ask to be brought forth through me and all Light-bearers.

Remembering the words of Our Lord “If ye forgive men their trespasses, your heavenly Father will also forgive you: But if ye forgive not men their trespasses, neither will your Father forgive your trespasses,” I pray:

In the name of the Father, the Son and the Holy Spirit, I invoke forgiveness for myself for all wrongs I have ever committed against Life; and I forgive all who have ever committed wrongs against me—and I call upon the law of forgiveness in their behalf.

Mantram:

I AM Forgiveness acting here,  
Casting out all doubt and fear,  
Setting men forever free  
With wings of cosmic Victory.

I AM calling in full power  
For Forgiveness every hour;  
To all life in every place  
I flood forth forgiving Grace.\*

\*Give this mantram 3 times, 9 times or in multiples of 27 up to 108.

Mantrams for Intercession  
to Kuan Yin, the Goddess of Mercy

NA-MO KUAN SHIH YIN P'U-SA\*  
NAH-MO GWAN SHE(R)† EEN POO-SAH

Hail! (Homage to the sacred name of)  
Bodhisattva Kuan Shih Yin

CHIU K'U CHIU NAN P'U-SA LAI\*  
JEE OH KOO JEE OH NAHN POO-SAH LYE

Save from suffering, save from calamity,  
Bodhisattva—come!

### III

#### Pledge to Christ and Krishna

In the name I AM THAT I AM, I bow before the polestar of my Being, the Great God Presence. As a member of El Morya's Ashram, I declare my Father-Mother God to be my eternal goal and the Great Central Sun to be my Home.

Through Christ and Krishna I chart my course by free will through these matter spheres, in wisdom and loving obedience to thy laws. By thy grace I AM fulfilling the path of righteousness that leads to Thee. For by thy grace I AM a Christed one.

And this is my divine decree, uttered unalterably in the name of the Son of God Jesus Christ and the Lord Krishna. I speak it this day and I renew it each day through my soul-guided determination to serve my God of Life, Light, Truth and Love. So be it.

\*Give this mantram 3 times, 9 times or in multiples of 27 up to 108.

†(R) indicates the pronunciation of a light r.

I pledge myself and I offer my soul-faculties and vehicles and all that I am and ever shall be to Christ and Krishna. I pledge to minister to all Light-bearers of the world as God and Hierarchy shall direct, that they may shed the cocoon of ignorance and awaken to their Mighty I AM Presence and Holy Christ Self and to our joint ministry in the Light. Take me, use me, assimilate me, O God of Life, Light, Truth and Love.

I pledge undying enmity with the five poisons and I call to the Five Dhyani Buddhas for that specific gift of Wisdom that is the antidote to these poisons.

On behalf of all  
Sons of God, I call:

OM VAIROCHANA OM!  
Flood us with  
the All-Pervading Wisdom of the Dharmakaya,  
my Mighty I AM Presence.  
By thy sacred fire consume in me  
the poison of ignorance!

OM AKSHOBHYA HUM!  
Flood us with Mirrorlike Wisdom.  
By thy sacred fire consume in me  
the poison of all  
anger and hate and hate creation!

OM RATNASAMBHAVA TRAM!  
Flood us with the Wisdom of Equality.  
By thy sacred fire consume in me  
the poison of  
spiritual, intellectual and human pride!

OM AMITABHA HRIH!  
Flood us with Discriminating Wisdom.  
By thy sacred fire consume in me  
the poisons of the passions—  
all cravings, covetousness, greed and lust!

OM AMOGHASIDDHI AH!  
Flood us with All-Accomplishing Wisdom,  
the Wisdom of Perfected Action.  
By thy sacred fire consume in me  
the poisons of envy and jealousy.

OM VAJRASATTVA HUM!  
Flood us with the Wisdom  
of the Diamond Will of God.  
By thy sacred fire consume in me  
the poisons of non-Will and non-Being:  
fear, doubt and non-belief in God, the Great Guru.

COME VAIROCHANA! COME AKSHOBHYA!  
COME RATNASAMBHAVA!  
COME AMITABHA! COME AMOGHASIDDHI!  
COME VAJRASATTVA!

OM HUM TRAM HRIH AH HUM

OMMMMMMMMMMMMMMMMM

Father, may the divine vibrations of thy Word be channeled to the physical octaves through my voice upraised in prayer and adoration to thy Name I AM THAT I AM—OM. May thy Word fulfill thy divine decree in me, and may my soul go forth this night to fulfill what my free will in obedience to thy Will, thy Love and thy Wisdom has decreed and what my voice and heart have spoken. Amen.

## IV

Prayer and Visualization  
for Transport and Holy Work

Father, into thy hands I commend my spirit.  
O my soul, let us arise from our abode.

Mighty I AM Presence and Holy Christ Self,  
with Archangel Michael and a cordon of blue light-  
ning angels, transport my soul clothed in my finer  
bodies, fully equipped with the armour of God, to the  
designated place of my Holy Work this night. Escort  
me, instruct me, and guide and protect me and all  
co-servers, I pray Thee, now and always as we serve  
to cut free all life on earth.

## The LORD Is My Keeper

I will lift up mine eyes unto the hills,  
from whence cometh my help.  
My help cometh from the LORD,  
the I AM THAT I AM,  
which made heaven and earth.  
He will not suffer my foot to be moved:  
he that keepeth me will not slumber.  
Behold, he that keepeth Israel  
shall neither slumber nor sleep.  
The LORD is my Keeper:  
the LORD, my Mighty I AM Presence,  
is my shade upon my right hand.  
The sun shall not smite me by day,  
nor the moon by night.

The LORD shall preserve me from all evil:  
he shall preserve my soul.  
The LORD shall preserve my going out  
and my coming in from this time forth,  
and even for evermore.

Mantrams:

Lord Michael before!  
Lord Michael behind!  
Lord Michael to the right!  
Lord Michael to the left!  
Lord Michael above!  
Lord Michael below!  
Lord Michael, Lord Michael wherever I go!  
I AM his Love protecting here!  
I AM his Love protecting here!  
I AM his Love protecting here!\*

**In the Name Archangel Michael:  
Evil Is Not Real and Its Appearance Has No Power!\***

Instruction:

If you know where you are going for your Holy Work, first point to the location on the globe where you are and then to the location where you are going. Trace a direct route with your index finger from your home base, or wherever you happen to be, to the obelisk of the Washington Monument in Washington, D.C. (38°54'N, 77°01'W). At the monument, a focus of the Ascended Masters, you will meet brother and sister Ashram workers. From this point of useful focalization, our spiritual directors, the Ascended Masters, will guide your group to the assigned destination of the night's Holy Work that is before you. If you know your destination in advance, trace a direct route on the globe from the Washington Monument to that destination.

\*Give this mantram 3 times, 9 times or in multiples of 27 up to 108.



During times of the generation of world tension, use this exercise to transport your soul to the area of tension, no matter where on earth, and minister to those in need. Always trace your route on the globe, heading straight for the Washington Monument first. It will help fix in consciousness the goal. Then proceed with the co-servers who have gathered there to the coordinated assignment.

If you are not certain of your ultimate destination, you can be certain you will be directed from inner levels. It is essential to always make the call:

Beloved God Presence, Lord Christ and Lord Krishna with the ascended Brethren, enfold me in an aura of your Cosmic Christ radiance and accompany me to the place prepared where I may serve my God and my people in thy Holy Work assigned to me this night according to the will of God, to \_\_\_\_\_

(name the place if you know it) \_\_\_\_\_ or wherever I am needed by the Hierarchy to perform their Holy Work.

In the name of the God of all Life, Light, Truth and Love and for the purposes of the Father-Mother God and the Brotherhood of all servants of the Light, I arise from Matter's maya and density and from my physical form into the Holy Spirit.

I AM here! And I AM come to do thy will, O Lord Christ, O Lord Krishna, on earth as it is decreed in heaven!

Instruction:

Visualize the Light of the Universal Christ and the Universal Krishna surrounding you and all Light-bearers engaged in the Holy Work while intoning these sounds of the Word:



O God! I claim the promise:  
 I AM drawing nigh to Thee.  
 Draw Thou nigh to me!\*

One with the Presence, I affirm:  
 I AM merging my entire  
 consciousness, being and world  
 with the Spirit of my Lord Christ  
 and my Lord Krishna,  
 according to the divine plan  
 of my soul's journey this night.\*

O Christ!

I AM THAT I AM  
 I AM the Open Door which no man can shut  
 I AM the Light which lighteth every man  
     that cometh into the world  
 I AM the Way  
 I AM the Truth  
 I AM the Life  
 I AM the Resurrection  
 I AM the Ascension in the Light  
 I AM the fulfillment of all my needs  
     and requirements of the hour  
 I AM abundant Supply poured out upon all Life  
 I AM perfect Sight and Hearing  
 I AM the manifest Perfection of being  
 I AM the illimitable Light of God  
     made manifest everywhere  
 I AM the Light of the Holy of Holies  
 I AM a son of God  
 I AM the Light in the holy mountain of God

\*Give this mantram 9 times or in multiples of 27 up to 108.

O Krishna!

**Hare Krishna, Hare Krishna  
Krishna Krishna, Hare hare  
Hare Rama, Hare Rama  
Rama Rama, Hare hare\***

Behold, what manner of love  
the Father hath bestowed upon us  
that we should be called the Sons of God:  
therefore the world knoweth us not,  
because it knew him not.

Beloved, now are we the Sons of God,  
and it doth not yet appear what we shall be:  
but we know that, when he shall appear,  
we shall be like him;  
for we shall see him as he is.

And every man that hath this hope in him  
purifieth himself,  
even as he is pure.

I John 3:1–3

**The Earth is the LORD's and the fulness thereof!\***  
the world and they that dwell therein.

Instruction:

You can repeat this visualization and meditation on the soul merging with the Spirit at other great world shrines situated near a body of water, such as:

The Grand Teton mountain near Jackson, northwestern Wyoming, the United States of America (43°50'N,

\*Give this mantram 9 times or in multiples of 27 up to 108.

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110°55'W), elevation 13,770 feet. The Grand Teton is the tallest of three massive peaks called the Cathedral Group, which rise 7,000 feet above the Jackson Hole valley. These are reflected in a number of surrounding lakes but most spectacularly in nearby Jenny Lake, the second-biggest lake in Grand Teton National Park.

Congruent with the mountain on the etheric plane is the Royal Teton Retreat, preeminent retreat of the Great White Brotherhood on the North American continent, where all souls who are willing to diligently pursue the path of self-mastery are invited to study in their finer bodies under the Ascended Master Saint Germain. It was at this spot that the Archangels first descended to earth and the first root races (groups of souls) took embodiment.

Victoria Mountain (51°26'N, 116°11'W), near Banff, Alberta, Canada, reflected in Lake Louise (1.5 miles long). Along with many of the lakes in the area, Lake Louise is colored a unique aquamarine because of chalk-like mineral deposits in the glacial runoff. At the etheric retreat of Archangel Michael within the mountain, countless legions of blue-lightning angels come and go on their missions to rescue the Light-bearers of the world.

The Taj Mahal near Agra, Uttar Pradesh state, northern India (27°12'N, 77°59'E). Beginning in 1632 Shah Jahan, the fifth Mogul Emperor of India (an incarnation of the Master Kuthumi), built the Taj Mahal as a monument to his wife and constant companion, Mumtaz Mahal, who had died in childbirth. The structure took twenty-two years to complete.

The sacred places at Varanasi (also known as Benares) on the Ganges, Varanasi district, Uttar Pradesh state, northern India (25°20'N, 83°00'E). The city sits in a four-mile sweep along the Ganges River. Hindus go to Varanasi to die since by so doing they are reputedly guaranteed entrance into Shiva's heaven and freedom from the

round of rebirth. There are fifteen hundred temples of different sects in Varanasi, many of which line the river. Leading down to the water from the temples are wide flights of steps, or ghats, used by the thousands of Hindus who bathe in the sacred water each morning, saying their prayers as they face the rising sun.

The temple of Brahma on the holy Lake Pushkar, Ajmer district, Rajasthan state, India ( $26^{\circ}30'N$ ,  $74^{\circ}33'E$ ). According to legend, the lake was formed from water that sprang forth from three places touched by a lotus blossom that Brahma let fall from heaven. Another story says that Brahma bathed in the lake as a penance. This is one of the few temples in all of India that is devoted to Brahma exclusively.

The ruins of a temple to the Sun on the Island of the Sun in Lake Titicaca, western Bolivia ( $16^{\circ}01'S$ ,  $69^{\circ}10'W$ ). By legend, the ruins mark the spot where the two founders of the Inca dynasty were sent down to the earth by the Sun. The lake is 3,205 square miles and, at 12,500 feet, is the world's highest navigable lake.

The most sacred of all of these places and the fulcrum of the East—Mount Kailas in southwest Tibet, ( $31^{\circ}00'N$ ,  $82^{\circ}00'E$ ), the holiest of all Himalayan peaks. It, together with Lake Manasarowar at its southern foot, is the goal of Hindu and Buddhist pilgrims and can be yours as a part of your nightly Holy Work. Hindus believe it is the location of the paradise of Shiva. Sanskrit texts compare it to the metaphysical Mount Meru, or Sumeru, the cosmic center of the universe.

Kailas is 22,028 feet high and Lake Manasarowar, at 14,950 feet, is said to be the world's highest freshwater lake. According to Lama Govinda, it is "shaped like the sun and represents the forces of light. . . . 'Manas' (Sanskrit) means mind or consciousness: the seat of the forces of cognition, of light, and finally of enlightenment."

## The Work of the Father and the Son Mantrams from Jesus' Life

Meditate daily on these mantrams of Jesus until their recitation in your heart and mind (and aloud when you are alone) becomes a mighty momentum for right action—righteousness in God's name!

1. **I and my Father are one!\***
2. **I can of mine own self do nothing.  
It is the Father in me which doeth the work!\***
3. **My Father worketh hitherto and I work!\***
4. **I must work the works of Him that sent me!\***
5. **I will work while I have the Light [the Guru] with me, for the night cometh [the absence of the Guru] when no man can work!\***

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\*Give this mantram 9 times or in multiples of 27 up to 108.

## A Call to the Brethren

Brethren, pray for me lest I fall.  
O let me learn to love my God with my whole heart! I cannot deny thee, O Beloved, thou who hast blessed me so richly with the Holy Presence of thyself. O my God, my Guru, come into my temple this day!

Attached is the “Sacred Ritual for Oneness” delivered to my amanuensis this night in his sanctum. Its efficacy is tested. It lies in the hidden responses of the soul.

I invite all of you to join me on Christmas Eve at eleven o’clock (or at the hour of your choice) as we pass the torch of the Christ Mass from time belt to time belt around the world in a high and holy meditation period.

We shall begin with “The Unison Ritual.” Then we shall give the “Sacred Ritual for Oneness” followed by the “Sacred Ritual for Transport and Holy Work.” (We will omit the world globe tracing, which each one may elect to complete at home before retiring.)

Thus journey to Shamballa by the arrow of thought. Upon retiring let the soul follow the arrow to accomplish for humanity that which can only be done in the etheric body beyond the veil.

May the world be better for our striving to bring the forces of Light to the fore. Remember, you are not alone. God and the great Masters are ever with you as you work together to enlighten the few and to ease the terrible sorrow borne by the many.

At this season pray for the healing of world crisis; be mindful to call for the illumination of presidents, kings and rulers of all lands as well as of all citizens of the world and their elected representatives.

As Aquarius dawns let us give birth to a fuller measure of cooperation and love, that the song “Glory to God in the highest, and on earth peace, goodwill toward men” might become a reality in the souls of all people. Though the phrases be worn by the tongues of men, until their souls realize the true meaning the earth shall not be free.



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6

Sacred Ritual for Oneness  
(First and Third Sundays)

Instruction:

This ritual follows “The Unison Ritual” on the first and third Sundays. You may also give it prior to the “Sacred Ritual for Transport and Holy Work” before retiring. It is the grand gateway to your participation with Hierarchy. In addition, use it when the direction is given from the central Ashram group or whenever you are moved by the Holy Spirit. The devout and those who lead a monastic life may choose to use it daily. Like all of our rituals, it is to be given aloud whether in group or solitary meditation periods.

I

I Would Remain . . .

I would gladly give my all if with Lord Krishna  
I might permeate the universe with one fragment of  
myself—and remain . . .

I would remain on earth a pilgrim of peace.

I would remain in heaven in the peace of the  
Divine Whole.

I would remain as a comforter to all:

A Good Samaritan to the wounded and the  
suffering,

A friend to the friendless,

The voice of conscience to the conscienceless,

Father to the fatherless,

Mother to the motherless,

Brother or sister to the orphan, giving even my body and my blood to those who hunger and thirst after righteousness.

I would heal the sick, cleanse the lepers, raise the dead, and cast out devils in Christ's name; for freely I have received and freely I shall give.

I would be an eternal Light like God, to dispel the Darkness of world suffering.

For all whom Christ would deliver through me, I would even be one with Pain and Death to break the cursed bonds asunder.

That the lightening of thy coming, O Lord, and thy resurrection power may penetrate space is my prayer and my meditation this hour.

Hallowed be thy name I AM THAT I AM, Thou who doest hallow and make One the souls who are the many.

I Climb the Ladder!

All links dissolve in the Presence  
Divine Holy Will, come into me

One alone is the All-One

I AM THAT I AM is that One

I decree it and it is done

Light! Light! Light!

Instruction:

Concentrate on the point of the third-eye chakra at the brow. Establish contact with God by holding in your "mind's eye" the highest Divine Image of God you can conceive of. Then visualize a powerful ray of Light going forth from your Mighty I AM Presence through your third eye as a bright beacon, lighting the way Home for the children of God. Repeat this mantram 9 times or in multiples of 27 up to 108:

**In the name of Almighty God, I will my Light to shine!**

Feel both the personal and impersonal love of your Holy Christ Self radiating to all children of the Light from the point of your heart chakra. As you intensify God's love for you and your love for him in your heart, visualize your heart chakra as a focus of the golden pink glow-ray from the heart of Helios and Vesta. Your heart overflowing with Gratitude, Love and Light, give this mantram 9 times or in multiples of 27 up to 108:

### **O God, my heart chalice runneth over!**

As you intone the sound of the Ur<sup>1</sup> to release the Light of your heart, visualize a powerful beam of Light emanating from your heart chakra. This is the ray of God, the Great Guru—the Dispeller of Darkness—passing through the chela.

U R R R R R R R R R R R R R R R R

By the Divine Will  
 my Love and Light all thine  
 covers thy omnipresence all mine  
 I AM focalizing the white light on this planet,  
 leading colors, vibrations, virtues,  
 rays and races to their divine oneness in Spirit

O Jesus!  
 O Hermes Trismegistus!<sup>2</sup>  
 O Maitreya!

(Intone the 5 vowel sounds 3 times in this order: I O E U A)

IIIIII-OOOOOH-EEEEEE-OOOOOO-AAAAAH

II

Divine Mother  
 in thy power and name  
 and the presence of thy Sons, call I:

Lead me to Shamballa  
 City of Light—City of the Sun—City of the Soul

\* \*

\*

My single eye of Light is suddenly aflame with Christ  
The blue beauty of the star of the East draws nigh  
within the Eden of my sacred self!

Smiling upon me, kindred souls of the Brotherhood  
of that Holy City greet me with a holy kiss  
I am enraptured with bliss and  
I will share my holy joy forever in thy name  
my Saviour Jesus Christ

To thee I send

Roses                Roses                Roses

O my soul!

Thou art becoming one with God

Out of my oneness with the All-in-all  
I pledge undying love

Clasping hands with the Brethren and my Christ  
I AM coming home to Shamballa, City of Light

I AM sealed in the OM  
on the sacred altar of Love

### III

In the pure white Flame of the pure white Light  
I AM emanating Love from the sacred centers of my being

By the rainbow spheres of God  
I AM holding the children of the Light in  
pure blue, pure rose, pure yellow,  
pure green, pure purple, pure violet  
of the Great Blue Causal Body

I AM become the One  
the One I AM become

In my mind forever            oneness with Morya El  
 In my heart forever      oneness with Morya El  
 In my soul forever      oneness with Morya El

By the midnight blue of the Divine Mother  
 and her great starry blue canopy of Light  
 I AM establishing forever and forever  
 my oneness with the Master Morya El  
     holding him  
     in my mind forever  
     holding him  
     in my heart forever  
     holding him  
     in my soul forever

Pluribus Unum - Unum Pluribus

RA MA    RA MA    RA MA

OM    OM    OM    OM    OM    OM    OM

#### IV

I abide this night in Shamballa  
 City of my God.

Pilgrim of peace from Terra, I pray, O LORD  
 for the Oneness of my soul in thy Spirit tonight.

As I dwell in the City of the Eternal Day  
 tears of joy mingle with the tears of the saints  
 in Love's resolution.

And God shall wipe away all tears from our eyes  
 and there shall be no more death, neither sorrow  
 nor crying, neither shall there be any more pain  
 for the former things are passed away.

And he that sat upon the throne said  
 Behold, I make all things new.

Into this starry city  
through the gateway of the holy star  
I see my God before me:  
I AM come  
merging my all with the One

\*

O Star of my God Presence  
I AM THAT I AM

OMMMMMMMMMMMMMMMMMMMMMMMMMMMMM

\* \*

\*

(1) The Hebrew word *Ur* means literally “flame” or “light.” *Ur* is the name of an ancient city in Sumer and the tone of Uriel the Archangel. *Uriel* translates “God is Light” and the *Urim* and the *Thummim* worn by the high priest of Israel translate as “Lights” and “Perfections.” The city of *Ur* was located in Mesopotamia (present-day Iraq) on the Euphrates River near the head of the Persian Gulf. According to Genesis, Abraham (an embodiment of El Morya, c. 2100 B.C.) left *Ur* of the Chaldees to go into the land of Canaan. In the twenty-first and twenty-second centuries B.C., *Ur* was a flourishing cultural, political and economic center. El Morya has revealed that in his life as Abraham, he was a native of Nippur, Sumer’s cultural and religious center, where his father Terah, whose pagan religion he challenged, was a temple priest. (2) Hermes Trismegistus is an Ascended Master who was known to the ancient Egyptians and Greeks as the great philosopher, priest and king who authored sacred writings and alchemical and astrological works.

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Easter Meditation Ritual  
For Activating the Resurrection Spirit in All Hearts  
(Holy Saturday 9:00 p.m. MST†)

I

Instruction:

Visualize the Sacred Heart of Jesus superimposed over your heart and the hearts of all sons and daughters of God and children of the Light.

See Resurrection's Flame in its mother-of-pearl radiance as shafts of Light emitting from the hearts of God's issue on earth going forth to encircle the earth in a swaddling garment of the Resurrection, a spiral of living flame, quickening all to return to the inner walk with God—as you give this mantram with the full fervor of your heart's love and concentration through the third eye:

Mantram:

**I AM the Resurrection and the Life  
of God's inner fire in my heart  
and in the hearts of all sons and daughters of God  
through the Resurrection Victory of Jesus Christ  
over Death and Hell!\***

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N.B. The Holy Saturday and Easter Sunday meditations were originally given on April 20 and 21, 1957.

†This ritual may be given any day of the year that you desire to celebrate the resurrection.

\*Give this mantram 9 times or in multiples of 27 up to 108.

## II

## Instruction:

Now, turning to the image of our Blessed Mother Mary on your altar, visualize the Immaculate Heart of Mary superimposed over your heart and the hearts of all sons and daughters of God and children of the Light. Give this mantram as you hold in mind and heart the strength of her immaculate concept of their perfection and protection. Use the visualization of the Resurrection Flame as outlined on the previous page.

## Mantram:

**In the Immaculate Heart of Mary I trust!\***

## Easter Meditation Ritual

(Easter Sunday 10:00 a.m. or 10:00 p.m. MST)

## “The Unison Ritual”

## I

## Instruction:

As you visualize beloved Jesus placing his Christ Presence over you and as you simultaneously pour forth your love to him and to your own Christ Presence, drawing the Beloved into your heart, soul, body, mind and spirit, give this fiat 9 times or in multiples of 27 up to 108:

**Christ the Lord is risen today  
within my heart, my soul, my body,  
my mind and my spirit!**

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\*Give this mantram 9 times or in multiples of 27 up to 108.



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Beloved,

This Ashram Note takes the form of a prayer for departing loved ones, that you might be comforted in time of bereavement and that you might comfort others through the intercession of the angelic hosts. Use it with the certain knowledge and the profound faith that the call to Almighty Light, the Father-Mother God, on behalf of those close to you and the many who are making their way across samsara to the Eternal Bourne, *is always answered!*

### A Prayer for Souls Who Are Taking Their Leave of the Earth Today

Beloved Presence of God I AM in the hearts of all mankind, beloved Lord Michael, Archangel of Deliverance, and your angelic hosts:

In the name of the souls of humanity—particularly those who shall be called from their mortal forms by our heavenly Father this day—I make this call.

Let the angels of peace stand by the physical body of each soul and hold at perfect peace the aura and feelings of these ones taking their leave of the physical octave and of those present where such release is taking place.

Through the presence of the seraphim of God let the aura of sanctity be sustained at the solemn hour of transition that the soul may be cut free from her earthly tabernacle by the legions of the Archangels Michael, Gabriel, Raphael and Uriel.

Let all fear and doubt, sorrow in separation and grief in the parting of loved ones be consumed by Archangel Zadkiel's angels of the violet flame that there be no distress to souls standing at the threshold of a new freedom.

Let the LORD's angels of deliverance meet each soul. Let not a lifestream belonging to earth's evolution pass through the veil of so-called death unattended.

According to his will, let all children of God who pass from the screen of life this day be taken to the temples of mercy and forgiveness and bathed in the purifying fires of Saint Germain's violet flame.

Let them be prepared to pass before the Lords of Karma in the dignity of their Christ Self and in full conscious awareness; and let each one be assigned to a schoolroom of Life and be given the opportunity to study the Great Law as it pertains to his own evolution.

I call to the Lords of Mercy and Love to enfold all those whose loved ones are about to leave or are recently departed this earth, to transmute and consume all burden and sense of loss, and to fill each heart and home with peace and understanding for the opportunity afforded souls called to other realms to progress on the path of eternal Life.

So be it! I accept it done in the name of our Lord and Saviour Jesus Christ, Amen.

At the conclusion of your ritual meditations and mantrams, direct the healing Light to those who ask you to pray for them in their afflictions. Visualize a shaft of white light tinged with the emerald color of heaven's healing green descending from your I AM Presence, passing through the heart of your Christ Self and then being released through your own heart chakra to the one whose suffering you would alleviate. Be sure to see this shaft of Light as an all-powerful beacon of intense whiteness. See it enter the body of the afflicted one through and under the direction of his Holy Christ Self.

This is important. For the Holy Christ Self is the Mediator of the Light and the true personal physician of each one. The Holy Christ Self will prescribe and regulate the quality and quantity of Light that can be absorbed and applied to all of one's needs and not just a particular condition. For the Holy Christ Self deals in wholeness and the healing of the whole manifestation from the inner to the outer, from cause to effect.

If it be the will of God that the blind be made whole, then your prayers for healing shall be answered; if not, as is often the case, then teach that one how to first heal himself of a spiritual blindness that blinds him to the karmic causes from past lives that have resulted in his blindness in this life.

Teach him that if his soul be healed and he diligently balance his karma by selfless service and the violet flame, then he shall attain the kingdom. If he seek healing for the body, he may receive it; but he may not attain the kingdom.