



Practical Spirituality

Lesson 4 – Threefold Flame

Your threefold flame is a _____ of the _____
from God’s own _____ and it is the _____ of _____
with the Source of all Life.

The threefold flame of _____, _____ and _____ is
your _____ to become the _____ of your _____.

The three plumes of the threefold flame are frequencies of _____
_____ that embody the three _____ of God
-- _____, _____ and _____.

The three plumes of the Threefold Flame correspond to:

Blue

Yellow

Pink



SPIRITUAL AWARENESS FELLOWSHIP

Individual Christ-mastery is achieved by _____ the

-- the three God-qualities of _____,
_____ and _____.

Out of balance conditions of the three plumes can result in:

Blue -
Power

Yellow -
Illumination

Pink -
Love

The crystal cord is the _____ of _____ from your _____
_____ to your _____ chakra.

Before man's departure from _____, during the first
_____, the crystal cord was _____
_____ in diameter and the Threefold Flame _____
_____ form.



SPIRITUAL AWARENESS FELLOWSHIP

After the Fall, the Threefold Flame was reduced to _____ of
an _____ by _____.

Your heart is the _____ where the world of _____
_____ and the world of _____ meet and
integrate. It is the source of the _____, _____ and
where _____ takes place.

Divine alchemy is the process of turning the _____ of human thinking
and feeling into the _____ of _____ and
_____.

Scientific research in recent years has established the _____ of the
heart and recognizes it as a source of _____ and _____.

You can enter your sacred heart space at _____ and
remain there _____. It is a matter of _____
_____ into that sacred space, which only requires
the _____ to make a _____ in _____.